

August 9, 2015

Hi Christine –

You were my favorite chiropractor back in the 80's. You kept telling me you wished you could film me working so that I could see how I was using my body. I started paying attention to how I did things and have been improving ever since. The Feldenkrais tapes helped a lot. I was twisted in a water well drilling machine in 1976 and had 6 ribs broken in two next to my spine and my left arm almost torn off. Thanks to you, I have been able to function almost normally. I started dancing after my wife Yvonne divorced me in 89', that and practicing Aikido, have helped significantly as well.

I'm 71 now, and doing quite well. I haven't gone to doctors at all in over 30 years, but I grow and eat organically.

Janosh Cook  
Homer, Alaska