

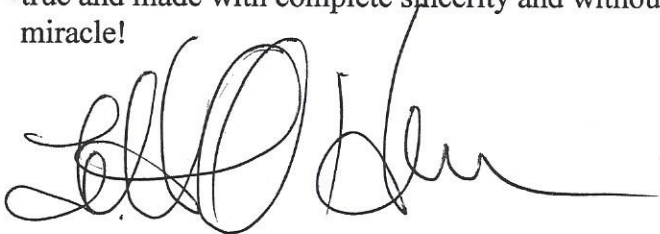
Jeff Oldham March 16, 2004

I've been dealing with chronic low-back pain for over 20 years. It all started with a herniated disc that many years later ruptured, resulting in surgery. Then the next disc down started to decay as a symptom of my Degenerative Disc Disease. Frequent Chiropractor visits keep the pain bearable but never gone. This continued until a friend told me about LLLT and Christine Miller, D.C. Being a major skeptic I did a bit of internet research and could find no down sides or side effects, only promise. After my 1st visit I felt better, by my third the pain had diminished by about 80%. I now have 5-20% of my original pain depending on how much I abuse my back. There are even days w/o pain, a first in 20 years! We are now healing my headaches that are down from 3-5/week to 1-3 a month, tendonitis, carpal tunnel syndrome and arthritis. In every one of these areas the results are amazing. This skeptic is now calling his back a miracle.

Before finding Christine Miller, D.C. I dealt with low-back pain for over 20 years. It never stopped and would only go from bad to worse. It impacted my work by making it difficult to travel, an adventure that I used to look forward to now became a nightmare. Most trips would leave me in a substantial amount of pain for a week or two. I had to avoid long trips at every opportunity. Thanks to LLLT and Christine, my life has changed. I no longer dread business trips and can hit the road again!

There is nothing worse than having your doctor tell you that the pain you live with cannot be helped without severe drugs, if at all. This was the case with me and my tendonitis and arthritis. I was faced with having to give up several of my favorite activities to avoid aggravating the pain. There is now hope and almost immediate relief from my treatments with LLLT. In all areas of treatment the pain has been cut by at least 60%. Christine is a very caring healer and her compassionate soul and open mind paved the way for bringing this "alternative" treatment to Mendocino County for all of us to discover relief with. We are indeed lucky and blessed.

These statements may be edited and used with my permission as you wish. They are all true and made with complete sincerity and without hype. It is hard to downplay a miracle!

A handwritten signature in black ink, appearing to read 'Jeff Oldham', with a long horizontal flourish extending to the right.

Jeff Oldham
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