

LASER TESTIMONIAL

My name is Jerry Hellman. In 1979 I injured my back attempting to lift too much weight and felt something tear in my sacrum area. While I “recovered” from my initial injury, over the years, most likely due to torn ligaments, I developed a chronic misalignment of the sacrum. Due to poor body mechanics and lack of a maintenance program, my condition became complicated by the degeneration of three discs in the lower lumbar region. Beginning in 1992, I began having debilitating episodes where I was unable to walk without great pain and difficulty. I began wearing a back support on a daily basis.

As of October 2007, I haven’t worn a back brace in over two years and I rarely even think about my back. I credit two things, my continues daily stretching and exercising program recommended by Dr. Miller and an series of laser treatments three years ago (around 12 treatments.) Since these treatments, progressive improvement has continues to take place.

As an avid surfer on the Mendocino coast, I have suffered numerous injuries mostly to my neck and last December to both the neck and mid-back. Now whenever I am injured, I immediately get treatments from Dr. Miller, and so far have complete recoveries in every case. Dr. Miller has also given me excellent advice which is “quit injuring yourself surfing.”