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To: Current and Prospective Clients of Dr. Christine Miller.

10/3/06

Hi again. As you may know, I have been a patient of Dr. Miller's since January of '06. Perhaps you read my earlier progress report submitted after two months of initial treatment. That was back in April. Now, five months later in October, and after three more intensive sessions (totaling over 60 hours of treatment), I am pleased to report the following:

- I recently ran (very slow jog actually) for several miles on successive days and have been walking an additional 20-30 miles weekly at as vigorous a pace as I can remember.
- My balance has improved to the point where I can actually trust myself on the trail again.
- The hot/cold numbness which used to pervade my lower body is a ghost of its former self while muscle body and tone are returning to my legs.
- I have continued to practice the core strength development exercises Christine began to teach me back in January. Torso-wise, I look and feel better now than I did when I was 19. I'm not kidding.
- My legs and lower back no longer twitch when I lay down for sleep nor do my calves and feet cramp as they use to.
- Constipation and urinary tract difficulties have continued to improve to the point where neither one is a distraction.
- I have discovered that what made the difference was following Christine's suggestions while becoming willing to invest the necessary time for laser therapy to work. I am aware of no other "medicine" or technology that could have erased the fibrosis I had accumulated from wounds, radiation and other mishaps.

I would like to thank Christine again for her strength, expertise, and gracious good cheer. It's been edifying to say the least and I look forward to future sessions so that progress towards a fuller wellness will be sustained.

Respectfully,

Michael