

A Healing Story: Arm movement recovered with Advanced Laser Therapy

My name is Neuza Reis, a Clinical Laboratory Scientist, from Torrance, California. In June 2004, while working at Ukiah Medical Center, I lost partial movement of my left arm. It was impossible to sleep at night because the pain would irradiate from my shoulder through my arm. Not knowing the cause, I decided to seek treatment from a chiropractor, and came to Dr. Miller's office. Under Dr. Miller's recommendation, an x-ray and an MRI were taken and a final diagnosis was given: I had adhesive capsulitis, or what is commonly known as "Frozen Shoulder" due to partial tear of one of the shoulder muscle. It was very difficult to comb my hair, dress and undress. My arm would not move upwards or backwards. The radiologist insisted that I undergo surgery, but I opted for Dr. Miller's treatment, which consists of manipulation and Low Intensity Laser Therapy, because of its non-surgical, non-invasive approach.

During my three months in Ukiah, I underwent very intensive treatment. The results were almost miraculous. I had good results from day one: I no longer felt pain during my sleep. After each treatment my arm's movements would improve. By the end of July, the recovery was about 80 per cent. Once I had moved to Stanford due to relocation, my treatments were given only on weekends (thanks to Dr. Miller's kindness to see me on weekends). With my weekends treatments through November, I am now fully recovered with complete motion of my arm.

*Neuza Reis
from
Torrance*